

FEBRUARY 2019

CALVERT HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28	29	30	31	1 Chicken Patty or Pizza Green Beans Fruit Choice Milk	News A FRESH GARDEN SALAD FROM OUR SALAD BAR or CARROTS W/DIP ARE A
4 Hot Dog or Pizza Baked Beans/Potato Salad Fresh Fruit Cookie Milk	5 Meatball Sub Or Pizza Broccoli Blend Fruit Choice Milk	6 WOW! [What's On Wednesday] Vegetable choice Fruit Choice Milk	7 Beef or Chicken Quesadilla or Pizza Corn Fruit Choice Tortilla Scoops w/Salsa Milk	8 Toasted Cheese Sandwich Or Pizza Soup Choice w/crackers Fruit choice Milk	VEGETABLE CHOICE EVERYDAY **********************************
Sweet & Sour Chicken with Brown Rice or Pizza Broccoli Fruit Choice Fortune Cookie/Milk	French Toast Stixs w/sausge or Pizza Hashbrown potato Fruit choice or OJ Milk	13 Rotiniw/ Meat Sauce Or Pizza Tossed Side Salad Assorted Fresh Fruit Whole-Grain Roll Milk	14 Chicken Patty or Pizza Green Beans Fruit Choice Milk	15 NO SCHOOL	MILK .50 ******** APPLICATIONS FOR FREE & REDUCED MEALS ARE AVAILABLE @ www.calvertcatholic.org or in the school office
18 NO SCHOOL	19 RibQ Sandwich Or Pizza Pretzel Stixs Hot Veggie Fresh Fruit Milk	Milk 20seneca Pot Pie w/ Roll Or Pizza Hot Vegetable Fruit choice Milk	21 Sloppy Joe, Shredded Chicken or Pizza Baked Beans Fruit Choice Frozen Yogurt	22 Italian Calzone w/Marinara Or Pizza Green Beans Fruit Choices Milk	
25 Chicken Nuggets Or Pizza Cheesy Potatoes Fruit Choice Whole-Grain Cookie Milk	26 Walking Taco or Pizza Vegetable Choice Refried Beans Applesauce Milk	27 Chicken Alfredo or Pizza Broccoli Garlic Toast Fruit choice Milk	28 Dutch Waffle w/Sausage links or Pizza Tator tots Fruit Choice or OJ Milk	Bosco Cheese Stixs W /Marinara or Pizza Hot Vegetable Fruit Choice Milk	This institution is an equal opportunity provider

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