



OCTOBER | 2017

CALVERT HIGH SCHOOL

THIS INSTITUTION IS A EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Soft or Hard Taco or Pizza Refried Beans Corn Fruit Choices Cookie Milk	3 French toast Stix w/sausage or Pizza Hashbrown potato Fruit choice or OJ Milk	4 Seneca Pot-Pie Or Pizza Green Beans Assorted Fresh Fruit Whole-Grain Roll Milk	5 Rib-Q Sandwich or Pizza Vegetable choice Apples w/caramel Whole grain chips Milk	6 Chicken Nuggets or Pizza Potato Rounds Coleslaw Fruit Choice Milk
9 Sweet & Sour Chicken with Brown Rice or Pizza Broccoli Blend Fruit Choice Fortune Cookie Milk	10 Build A Burger Or Pizza Broccoli Salad Waffle Fries Fruit Choice Milk	11 Hot Turkey & Cheese on Sub bun Carrots with Hummus Pretzels Fruit Choice Milk	12 BBQ Chicken Sandwich or Pizza Green Beans Fruit Choice Cookie Milk	13 Bosco Cheese Stix W/Marinara Hot Vegetable Fruit Choice Milk
16 Meat & Cheese Nachos/Toppings Cowboy Salsa or Corn Fruit Choice Milk	17 Chicken Nuggets or Pizza Potato Rounds Coleslaw Fruit Choice Milk	18 Spaghetti w/ Meatsauce Or Pizza Tossed Side Salad Assorted Fresh Fruit Whole-Grain Garlic Roll Milk	19 Sloppy Joe/Shredded Chicken Sandwich or Pizza Baked Fries Frozen Yogurt Milk	20 NO SCHOOL
23 Turkey or Ham Subs Carrot/Celery Sticks Fresh Fruit Goldfish Crackers Milk	24 Hot Dog or Pizza Baked Beans Fruit Choice Milk	25 Turkey Gravy over Mashed Potatoes or Pizza Hot Vegetable Fruit Choice Dinner Roll Milk	26 Chicken Patty Sandwich or Pizza Green Beans Fruit Choice Milk	27 Pizza Day Salad Bar or hot veggie Fruit Choices Milk
30 Chicken Alfredo or Pizza Steamed Broccoli Mixed Fruit Garlic Toast Milk	31 Meatball Sub Or Pizza Hot Vegetable Choice Fruit Choice Milk	Sept. 1 WOW! [What's On Wednesday] Vegetable choice Fruit Choice Milk	Sept. 2 BBQ Pork on Pretzel Bun or Pizza Coleslaw Baked Beans Fruit Choice Milk	Sept. 3 Italian Calzone w/Marinara Or Pizza Green Beans Fruit Choices Milk

News

**A FRESH GARDEN SALAD
FROM OUR SALAD BAR or
CARROTS W/DIP ARE A
VEGETABLE OPTION EVERYDAY**

**A CHEF'S SALAD W/BREAD and
VEGETARIAN CHOICES
CAN BE
PRE-ORDERED
MUST BE ORDERED BY 9AM.**

LUNCH PRICES

**1 DAY \$2.85
WEEK \$14.25
REDUCED \$.40
MILK \$.50**

STUDENTS ALLOWED 3 CHARGES

**APPLICATIONS FOR FREE &
REDUCED MEALS ARE AVAILABLE**

www.calvertcatholic.org
[in the main office or cafeteria](#)

**Menus are subject to change due to
product availability**

