



SEPTEMBER | 2017

CALVERT HIGH SCHOOL

THIS INSTITUTION IS A EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Soft or Hard Taco or Pizza Refried Beans Corn Fruit Choices Cookie Milk
4 Labor Day No School	5 French toast Stix w/sausge or Pizza Hashbrown potato Fruit choice or OJ Milk	6 Rotini & Meat Sauce Or Pizza Tossed Side Salad Assorted Fresh Fruit Whole-Grain Roll Milk	7 Beef and Refried Bean Burrito or Pizza Garlic Broccoli Fruit Choice Tortilla Scoops Milk	8 Chicken Nuggets or Pizza Potato Rounds Coleslaw Fruit Choice Spirit Cupcake Milk
11 Build A Burger Or Pizza Broccoli Salad Waffle Fries Fruit Choice Milk	12 Sweet & Sour Chicken with Brown Rice or Pizza Broccoli Fruit Choice Fortune Cookie Milk	13 Hot Ham & Cheese on Ciabatta Carrots with Hummus Pretzels Fruit Choice Milk	14 BBQ Chicken Sandwich or Pizza Green Beans Fruit Choice Cookie Milk	15 Bosco Cheese Stix W/Marinara Green Beans Fruit Choice Milk
18 Pizza Wrap California Blend Fruit Choice Whole-Grain Cookie Milk	19 Chicken Patty Sandwich or Pizza Green Beans Fruit Choice Milk	20 Beef or Chicken Quesadilla or Pizza Corn Fruit Choice Tortilla Scoops w/Salsa Milk	21 Spaghetti w/Meatsauce & Garlic Roll or Pizza Salad Fruit Choice Milk	22 Toasted Cheese Sandwich Or Pizza Tomato Soup w/crackers Fruit choice Milk
25 Chicken Alfredo or Pizza Steamed Broccoli Mixed Fruit Garlic Toast Milk	26 Meatball Sub Or Pizza Hot Vegetable Choice Fruit Choice Milk	27 WOW! [What's On Wednesday] Vegetable choice Fruit Choice Milk	28 BBQ Pork on Pretzel Bun or Pizza Coleslaw Baked Beans Fruit Choice Milk	29 Italian Calzone w/Marinara Or Pizza Green Beans Fruit Choices Milk

News

**A FRESH GARDEN SALAD
FROM OUR SALAD BAR or
CARROTS W/DIP ARE A
VEGETABLE OPTION EVERYDAY**

**A CHEF'S SALAD W/BREAD and
VEGETARIAN CHOICES
CAN BE
PRE-ORDERED
MUST BE ORDERED BY 9AM.**

LUNCH PRICES

1 DAY \$2.85

WEEK \$14.25

REDUCED \$4.40

MILK \$.50

STUDENTS ALLOWED 3 CHARGES

**APPLICATIONS FOR FREE &
REDUCED MEALS ARE AVAILABLE**

www.calvertcatholic.org
[in the main office or cafeteria](#)

Menus are subject to change due to
product availability



Healthy Schools